

Partner Treatment for Chlamydia



Why am I getting this prescription/medication?

You have been exposed to chlamydia. It is important that you are properly treated. You are getting medication because you had sex with someone who has chlamydia and you may have been infected.

What is chlamydia?

Chlamydia is the most common bacterial STI in Maine and in the United States. Oftentimes, people with chlamydia do not have symptoms, however symptoms can include, but are not limited to, vaginal, penile, or rectal discharge, pain with urinating or pooping, and painful or swollen testicles. Untreated chlamydia can cause severe complications including infertility and ectopic pregnancy.

Is it important to see a health care provider?

Yes. It is strongly recommended that you visit your health care provider and get tested for STIs (including HIV). **You can have more than one STI at a time.**



What if I am pregnant or might be pregnant?

Do not take doxycycline if you are pregnant. Chlamydia can be passed from pregnant person to baby during birth. Untreated chlamydia can cause health problems during pregnancy and for the baby after birth. See your health care provider as soon as you can. Tell them your sex partner has chlamydia.

DO NOT TAKE this medicine if:

- You are having lower belly pain, cramps, pain during sex, vomiting, pain in the testicles, or fever. **Please seek immediate medical attention.**
- You are allergic to this medication or have ever had a bad reaction, rash, or breathing problems after taking any antibiotics.
- You have any serious health problems like kidney, heart, or liver disease, seizures, or are currently taking blood thinners.
- If you are or might be pregnant, do not take doxycycline.



Partner Treatment for Chlamydia (continued)

What kind of medicine am I getting?

The antibiotic you are getting is either doxycycline or azithromycin. It will only cure chlamydia, it will not cure other STIs.

Doxycycline 100 mg capsules: take by mouth as directed.

OR

Azithromycin 1 gram: take by mouth as directed.



Do not share this medicine.

Are there side effects from this medication?

This medication is safe and effective. The most common side effects are upset stomach, cramping, or diarrhea. Taking this medication with food may reduce the likelihood of these side effects.



Do not have any kind of sex (oral, anal, or vaginal) with or without condoms for 7 days after you take this medicine.

Next steps after treatment:

- Talk to a health care provider about regular STI testing. We encourage you to get tested in three months, or sooner if you develop symptoms.
- Use condoms consistently and correctly with every sexual act to decrease your risk of getting an STI.
- Keep in mind that having one STI makes it more likely that you will get another STI, like HIV.

Questions?

Please contact your health care provider if you have any questions regarding this medication or STIs in general.

